# Bhumisparsha: Touching the Earth Frequently Asked Questions

## Q: What is this project about?

A: Conceived by Dzongsar Jamyang Khyentse Rinpoche, this project is a cyber-gathering dedicated to remembering the Shakyamuni Buddha and his teachings.

Because the world needs this now.

Bhumisparsha: Touching the Earth has a collective target of 100 million recitations of the Shakyamuni's name by Jan 1, 2021. It is also a place to share stories of how people first heard the Buddha's name and their connection with him, through words, art, music and any other means of expression.

Stay connected through social media for updates, teachings, music, artwork, and other surprises!

#### Please follow us on:

https://www.facebook.com/Shakyamunimantra https://www.instagram.com/touchingtheearth/

#### Q: I would like to contribute, how do I do it?

A: You can accumulate recitations of the Shakyamuni's name, and submit your number of accumulations every so often through <a href="https://tinyurl.com/Bhumisparsha-MantraCount">https://tinyurl.com/Bhumisparsha-MantraCount</a>.

Every single mantra chanted contributes to achieving our target, so no count is too small! Rinpoche says that even 1 count can and must be contributed.

We request that each submission of mantra counts does not include previously submitted mantra counts. Please do not submit a pledge of accumulations.

You can also participate by sending in creative pieces inspired by the Buddha and/or the Shakyamuni mantra to your regional coordinator. Some fun ideas include dances in all forms, films, paintings, musical compositions or even a TikTok.

If you have any enquiries, please email your regional coordinator.

#### Q: I don't speak English. Who do I contact if I have a question?

A: Please email the coordinator for your region in your preferred language, and we will get back to you:

#### Australia & New Zealand

Bell - bellswilkinson@gmail.com

Nila - nilanorbu@outlook.com

#### Bhutan

Rinchen - demarin74@gmail.com

#### Greater China Region

Liana - jaisatya1417@gmail.com

Lila - zigui.hu2002@gmail.com

Oddiyana - odditata2020@gmail.com

#### Europe

Hannah - insalde1@hotmail.com

Leander - <u>leanderjigme@gmail.com</u>

#### India

Amay - amay.bhumiindia@gmail.com

Dr. Karma Lhamo - kuntuzangmoh@gmail.com

Malika - malikasurii@qmail.com

Yeshey - <u>yesheyzhunu7@gmail.com</u>

## Japan, Korea and Southeast Asia

Yanda - <a href="mailto:yandasoh@gmail.com">yandasoh@gmail.com</a>

#### Latin America

Valeria - valeriasandival@gmail.com

#### Nepal

Tari Ratna - tariratnapradhan@gmail.com

#### USA & Canada

Maya Norbu - mayanorbu@gmail.com

# Q: Will Rinpoche's vision document be translated into languages other than those presently on the website?

A: Translations of Rinpoche's vision document are available as PDFs at

## https://siddharthasintent.in/bhumisparsha/

# Q: If I choose to participate in this project, what is the commitment period like? (How long do I have to do this for?)

A: This project aims to complete 100 million recitation accumulations by 1 January 2021.

Therefore, you may chant the mantra once, or thousands of times during the course of this project - it depends on you entirely.

## Q: Must I send in my accumulation daily? How often should I submit the number of my accumulations?

A: You may choose to send in your accumulation daily, or at your convenience.

Please note that every time you submit your accumulation, you should begin accumulating from 0 again.

#### Q: Can I pledge a number of accumulations first, and then do it?

A: No. Only completed mantras will count, and are eligible.

Please do not submit a pledged count.

### Q: I have submitted the wrong count on the form. What should I do?

A: Please email your regional coordinator.

## Q: I am unable to submit my count on the google form, what should I do?

A: We strongly urge you to submit your mantra accumulation count through the google form at <a href="https://tinvurl.com/Bhumisparsha-MantraCount">https://tinvurl.com/Bhumisparsha-MantraCount</a>.

For those who are unable to access this google form, please approach your regional coordinator.

#### Q: I haven't done many accumulations. Should I bother submitting?

A: Yes, you must!

Rinpoche has said that we will count even 1 accumulation. Every single mantra chanted

contributes to our goal.

So, please do submit.

#### Q: Can I do other mantras?

A: For this project, we will be using only the Shakyamuni mantra:

Om mune mune mahāmunaye svāhā

Variation:

Om muni muni mahāmuni śākyamuni svāha

## Q: How do I pronounce the Shakyamuni mantra?

A: For those who wish to know more about the pronunciation, there is an audio file of a clear recitation on our website at https://siddharthasintent.in/about-bhumisparsha/.

## Q: Can I chant and accumulate without any sadhana or visualization?

A: Yes, you can chant and accumulate counts without any sadhana or visualization, and simply remember the kindness, love, compassion and wakefulness of the Buddha, or in the words of DJKR, "whatever works for you."

## Q: I would like to send in my art piece, dance video, music to contribute to this event. Where can I do it?

A: Please email it to your regional coordinator.

#### Q: I submitted my story/art/recording. What next?

A: Thank you for your submission! We intend to share some of your lovely work on our social media platforms, so please keep an eye out.

Who knows what lies round the corner, and in the meantime, please keep contributing to the mantra count.

#### Q: Will Rinpoche be giving teachings on this? If so, when/how often?

A: Stay tuned on our social media platforms for upcoming surprises!

### Q: Do I need to receive any empowerment(s) or Lung to do this?

A: You do not require any empowerment(s) or Lung to participate in this project. All are welcome to chant the Shakyamuni mantra.

#### Q: Can I use sadhana from other traditions/lineage?

A: Yes, you are welcome to use any sadhana from another tradition or lineage.

## Q: Will there be a specific sadhana given for this? If yes, when?

A: You may request for the sadhana that Rinpoche mentions in his letter through <a href="http://siddharthasintent.org/resources/publications/sadhana-of-the-recollection-of-the-noble-three-jewels">http://siddharthasintent.org/resources/publications/sadhana-of-the-recollection-of-the-noble-three-jewels</a>.

This sadhana is presently a provisional draft, and still evolving under the guidance and direction of Dzongsar Jamyang Khyentse Rinpoche.

It is not a final version, and therefore should not be published or distributed more widely. It is for use only by participants in this mantra recitation who endeavour to engage for the 5+ month duration of this project.

## Q: I can't find the sadhana. Where is it/why it is so hard to find?

A: For access to the sadhana, please request it through <a href="http://siddharthasintent.org/resources/publications/sadhana-of-the-recollection-of-the-noble-three-jewels">http://siddharthasintent.org/resources/publications/sadhana-of-the-recollection-of-the-noble-three-jewels</a>.

However, since it is not the final version, the sadhana should not be published or distributed more widely. It is for use only by participants in this mantra recitation who endeavour to engage for the 5+ month duration of this project.

#### Q: Where can I listen to or download the recordings of the mantras?

A: All the recordings of the Shakyamuni mantra are available on

Youtube: http://shorturl.at/mCD47

BandCamp: https://bhumisparsha.bandcamp.com/releases

Soundcloud: <a href="https://soundcloud.com/siddharthas-intent/sets/buddha-shakyamuni-mantra">https://soundcloud.com/siddharthas-intent/sets/buddha-shakyamuni-mantra</a>

Over the course of the project, we will be releasing different versions of the mantra, which will be announced on our social media platforms.

## Q: Do I pay for mantra recordings?

A: No, you do not pay for the mantra recordings. They are for free!

## Q: I would wish to donate to this project, how do I do it?

A: We will **not** be accepting donations for this project.

If you wish to donate, there are a number of projects/organisations to which you can make a donation, via:

Khyentse Foundation <a href="https://khyentsefoundation.org/">https://khyentsefoundation.org/</a>

Lotus Outreach International <a href="https://lotusoutreach.org/">https://lotusoutreach.org/</a>

Siddhartha's Intent India <a href="https://siddharthasintent.in/">https://siddharthasintent.in/</a>

84000: Translating The Words of the Buddha <a href="https://84000.co/">https://84000.co/</a>